

COVID Safe Policy

Policy No: A11011

1.0 PURPOSE

The Wyong Rugby League Club Group (WRLCG) is committed to the health and safety of its workers and visitors. The WRLCG is committed to providing a safe environment and as reasonably practicable mitigating the risk of exposure to COVID-19.

2.0 SCOPE

The WRLCG, its workers and visitors are to comply with National and State Government legislation and health directives. The WRLCG acknowledges these could change at any time and will abide by these and update existing policies and procedures accordingly.

The WRLCG has developed and trained staff in procedures relating to this Policy which follows State and Federal framework.

This Policy applies to all workers, visitors and others who attend any WRLCG venue.

3.0 REFERENCES

Australian Government Department of Health

Australian Government COVIDSafe App

Safe Work Australia

Safe Work NSW

NSW Health

NSW Work Health & Safety Act 2011

NSW Work Health & Safety Regulations 2017

National Coronavirus Helpline [1800 020 080](tel:1800020080)

National COVID-19 Health Alert <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

WRLCG COVID Safe Risk Register

4.0 DEFINITIONS

Coronavirus disease (COVID-19) is an infectious disease that is caused by a newly discovered form of coronavirus and is a respiratory infection.

Common symptoms can include:

- fever
- coughing
- sore throat
- fatigue (tiredness)
- difficulty breathing or shortness of breath.

Most people infected with COVID-19 will have a mild to moderate illness and will recover without special medical treatment. Some people, such as those with underlying medical problems or disease and older people, are more likely to suffer from more serious symptoms of the diseases.

The most likely way someone will catch the virus is by breathing in micro-droplets a person close to them has released by sneezing, coughing –or just breathing out. A person can, however, also catch it via the hand-to-face pathway: touching a surface where live virus material is present, then touching their mouth, nose or eyes.

Vulnerable person/worker defined by Safe Work Australia:

- Aboriginal and Torres Strait Islander people 50 years and older with one or more chronic medical conditions
- People 65 years and older with one or more chronic medical conditions
- People 70 years and older, and
- People with compromised immune systems

5.0 POLICY

All workers, visitors and others are to practice safe social distancing measures by having 1.5 metres between people. Shaking of hands, hugging or kissing as a greeting is not permitted.

All persons are to adopt high hygiene standards of washing hands with soap and water for at least 20 seconds regularly throughout the day. When washing of hands is unavailable, the use of hand sanitizer that is located within the venue is to be utilized.

The washing of hands must be done:

- before and after eating
- after coughing or sneezing
- after going to the toilet, and
- when changing tasks and after touching potentially contaminated surfaces.

Before coming to work, workers are to answer the below questions. If the answer is yes to any of the questions, workers are not permitted entry to work and must contact their GP or the National Coronavirus Helpline on 1800 020 080. The worker must stay home at this time until direction received from a health professional. This may include self-isolation for 14 days as per the government guidelines before returning to work.

- are you experiencing cold or flu like symptoms?
- have you had a temperature?
- have you been in contact with anyone that is confirmed to have COVID-19?
- have you returned from overseas in the past 14 days?

Any person who is unwell or sick or experiencing COVID-19 symptoms, should not attend the venue until they seek advice from a medical professional.

Vulnerable workers are assessed on each individual case and dealt with accordingly.

If a person or close contact is undergoing testing and/or isolation due to COVID-19, they must immediately contact and inform the WRLCG if they have been to the venue and/or been in contact with person/s from the venue.

If there is a suspected or reported case of COVID-19 in a WRLCG venue, the WRLCG will contact the NSW Department of Health [1300 066 055](tel:1300066055) and follow their instruction. The WRLCG's Procedure for dealing with a COVID-19 case will also be followed.

The WRLCG carries out cleaning of the workplace regularly and thoroughly at a high standard. Workplace cleaning procedures have been implemented and are followed in line with government issued guidelines.

The WRLCG trains staff in WHS (Work, Health, Safety) and COVID-19 policies and procedures.

Where possible, workers are working from home. When doing so, they must follow WRLCG policies and procedures and Government issued directives.

Contractors are to submit COVID-19 safe work procedures and show evidence of these being in place to the Group's WHS Department.

It is recommended that all persons download and install the COVIDSafe app on their mobile phones and kept active when at WRLCG venues.

Disciplinary action will be taken for noncompliance with this Policy.